STATE OF CALIFORNIA

DEPARTMENT OF CORRECTIONS & REHABILITATION

NAME: Mickey, R.

CDCR: AD-2970

E25-B201

- CDC-128-B. Rev.5/04.

This laudatory chrono is being generated on behalf of inmate R. Mickey, CDCR# AD-2970. Inmate Mickey has created a much needed curriculum that address the needs of both the sedentary and full duty inmates. Participants in this class will cover the fundamentals involved with biomechanics, kinesiology, exercise physiology and sports nutrition. This class is designed to highlight how the impact of training correctly and utilizing proper dietary practices can affect all aspects of one's life.

Mickey works well with staff to achieve rehabilitative goals, insomuch he has created a class to further RJD's rehabilitative efforts. Inmate Mickey has shown himself to be extremely reliable, exhibits a professional, conscientious work ethic, and displays a willingness to perform all tasks put forth in front of him. As the Coach on Echo Facility, programming inmates are counted on to perform perfunctory duties on a daily basis so that inmates programs run smoothly, inmate Mickey has done this job efficiently. He also conveyed an understanding of those inmates with psychological difficulties, which helps greatly. He consistently has an excellent attitude, and his positive programming is worth noting. Inmate Mickey has also assisted me in preparing the Gymnasium with items that are needed and of concern for a healthy population. I believe if given the chance he would be an asset to any community he is in, therefore Mickey has earned this acknowledgement.

Original: Central file

cc: Correctional counselor I

Inmate

J. Torres

Coach, Facility-E Gymnasium

Richard J. Donovan Correctional Facility

DATE6/9/22

GENERAL CHRONO